

AYURVEDA DAY ACTIVITIES

The programmes conducted in association with Vishwa Ayurveda Parishad, Dakshina Kshetra Mahila Prakosta in our college premises, the report of the same was narrated here.

<u>1.</u>







<u>Dr. SHUBHA</u> M, M.D. (Ayu), Asso. Professor, Department of Samhita Siddhanta, Muniyal Institute of Ayurveda Science, Manipal, UDUPI has delivered a talk on

"TREADING THE DEPTHS OF SAMHITA" on 02-09-2023.

<u>2.</u>

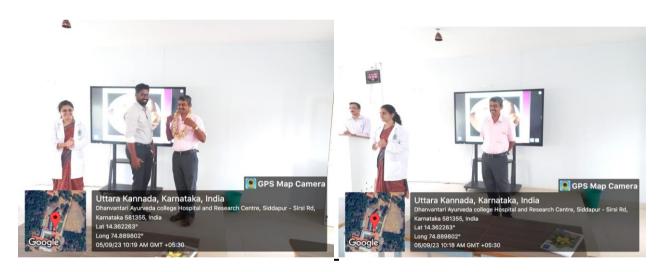




Dr. Vikram Gowrishankar, M.D. (Ayu), HOD and Professor, Department of Shalakya Tantra, ALN Rao Memorial Ayurveda Medical College, KOPPA has delivered a talk on "VARTMAGATA ROGAS" on 02-09-2023.







<u>**Dr. Prathviraj Puranik,**</u> _{M.D. PhD (Ayu)} HOD and Professor, Department of Kaumarabhrithya, SDM College of Ayurveda, UDUPI has delivered a talk on

"SCIENTIFIC APPROACH TO NEWBORN CARE IN AYURVEDA" on 05-09-2023







" <u>SAMHITA ADHYAYANA</u>" on 08-09-2023.



 $\frac{Dr.\ Ajith\ Badamallanavar,\ _{M.D,\ (Ayu)}\ ,\ Asst. Professor,\ Department\ of\ Samhita\ Siddhanta,\ Krishna\ Ayurvedic\ Medical\ College\ \&\ Hospital,\ Sankeshwar,\ has\ delivered\ a\ talk\ on$

AYURVEDA DAY ACTIVITIES

1) Ayurveda Day programme initiated in association with NGO Karwar – Ayurveda awareness programme to public with tribal Folk Dance on 13/10/2023.







2) Ayurveda Day – Health check up camp in association with Taluka Panchayat, Sidapur - 21/10/2023.



3) Ayurveda Awareness programme on 26/10/2023 - Guest Lecture by Dr. Prasanna Mathad on Topic "Concepts of Rasa Rasayana & Its clinical importance"









4) Ayurveda Awareness programme on 26/10/2023 - Guest Lecture on the Topic "Utility of Pratyaksha Pramana in clinical practice" by Dr. Anagha Mathad.



5) Free diabetes & BP Checkup camp at our college campus in association with MAHARISHI Ayurveda - creating disease free society on 30/10/2023.



6) Ayurveda Day programme initiated on 4/11/2023 in association with social justice & empowerment department Govt of India & Ishwareeya Vidyalaya, Siddapur - A talk given by Dr. Sachin Parab, Mumbai on topic "STRESS MANAGEMENT & RIGHT THINKING"





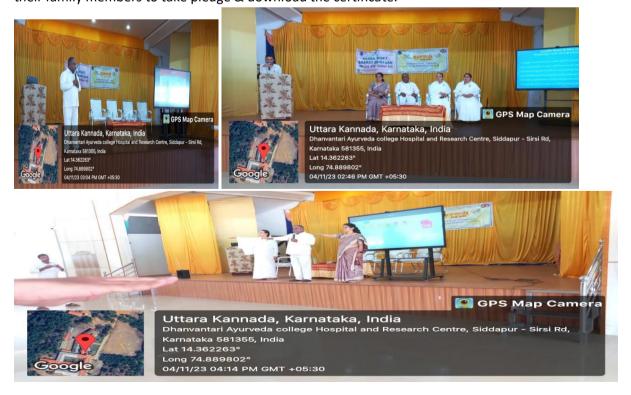
7) Talk on Ayurveda day in Siddhivinayak English Medium High School, Siddapur







8) Ayurveda Day programme in association with Brahma Kumaris Ishwareeya Vidyalaya, Siddapur on 4/11/2023 – Nasha Mukta Bharat Abhiyana – Pledge taken by all the staffs & students and also inspire their family members to take pledge & download the certificate.





9) Ayurveda Awareness programme on 6/11/2023 - Talk on Ayurveda & Health in Siddhivinayak Girls High School, Siddapur.







Siddhivinayak Boys High School & Primary Schools











10) Ayurveda Day Activity – (Programmes conducted on 7/11/2023)- Awareness of Diabetes – Speech given by Dr. Roopa Bhat, on How to treat Madhumeha through Ayurveda for senior citizens











11) Ayurveda awareness programme for parents of Little Flower school and public regarding parenting and food habits on 8/11/2023.







12) Jaatha conducted on the occasion of Ayurveda day on 10/11/2023.













13) School children visit to our college on Ayurveda Day & Pledge taken by them on 10/11/2023.









